

CARE PATHWAYS TOPIC GROUP

The Recommendations of the Care Pathways Topic Group are set out below:

1. Prevention at all stages is needed to address the increasing numbers of people with long term conditions. While Hertfordshire County Council's Public Health department has a lead role in co-ordinating the approach in Hertfordshire it needs agreement and significant contribution from commissioners and providers to deliver. A joint plan should be agreed and submitted to the Health and Wellbeing Board on primary, secondary and tertiary prevention (see 3.7). Members will seek evidence of progress in primary care especially at the six month review. (Conclusions: 3.7, 3.15, 4.1, 4.2, 4.3, 4.4, 4.5)
2. Self-management (see 3.8) is a key vehicle for addressing escalating need and volume. Delivery needs to improve and have the support of all partners. The inclusion of pharmacies in managing long-term conditions could bring benefits to patients and the system, not only for self-management. Commissioners should make further efforts to include pharmacies proactively in managing long-term conditions and recovery. Members will be seeking evidence of progress when the recommendations are considered at the six month review (Conclusions: 3.9, 3.11, 3.15)
3. Better mental health support for people who have suffered a stroke or who are living with diabetes was a clearly identified need at all levels (community and acute). Members will be seeking evidence of progress when the recommendations are considered at the six months review (Conclusions 3.12, 3.13, 3.14, 4.6, 4.7)
4. Over the next year better targeting of the Public Health health checks should focus on:
 - Older people up to 74
 - those most at risk of diabetes or stroke(Conclusions: 3.10, 4.5)
5. There is an urgent need to upskill professionals to identify better those at risk of stroke or diabetes and proactively help individuals manage their risk/condition (Conclusions: 4.8, 4.9, 4.10)
6. There is an urgent need to reduce variation in outcomes (e.g. coverage and uptake of eight key annual checks for diabetes) between and across practices and CCGs, especially with regard to diabetes.

Members will be seeking evidence of progress when the recommendations are considered at the six month review (Conclusions: 3.10, 4.8)

7. There was good evidence of partners working well together with regard to the stroke pathway. This approach should inform development of the diabetes pathway over the next year (Conclusions: 4.11, 4.14)

The full report can be viewed at [Care Pathways Topic Group - Final Report](#)